

# Lapis & Oak



## spa menu

www.lapisandoak.com  
Call to book: (725) 214-4216

### Massage Enhancement Choices:

Himalayan Warming Salt Stones  
Muscle Repair Balm  
Gua Sha / Muscle Scraping  
Cupping Trio  
Organic Aromatherapy  
Therabody Percussion Therapy  
Cryo Spot Therapy

### Massage Enhancement Add-Ons:

*Elevate - All-in-one:* Let our experts choose the best combination of essential enhancement(s) to provide you with the ultimate custom session. Essential enhancements include: Hot Stone, Cryotherapy, Muscle Balm, Scraping, Percussion Therapy, Cupping, & Aromatherapy. +\$40

*Ageless Hand Cocoon:* Treat your hands to an antioxidant-rich scrub, restorative plumping serum, and an intensive surge of long-lasting moisture to impart a luxurious silky texture and vibrant glow. Highly recommended to replenish dry and dehydrated hands blissfully. +\$15

*Boheme Sauvage Scalp Treatment:* This organic, warm ultra-luxurious scalp treatment allows the skin and hair follicles to absorb nutrients while promoting healing support, hydration, and a healthy scalp without clogging or leaving excess oil. Key Ingredients: Vitamins A & E, Rose Hip Oil, & Chamomile. +\$20

*Knesko 24k Gold Face or Eye Mask:* Treat yourself to a restorative Knesko Gold mask experience with 24K Colloidal Gold to soothe, protect, and reduce inflammation—restoring a youthful appearance. +\$50 / \$20

### CUSTOM MESSAGE

A custom massage is ideal for all guests. It's the best for ultimate relaxation. This custom massage begins with a one-on-one consultation. A wellness plan will be created for areas of concern and specific needs. From injury recovery, relaxation to detoxification, our massage therapist will be able to target specific goals and create your ideal custom massage. Customization allows guests to experience a combination of massage techniques and modalities that best suit their needs.

50 Minutes + 1 Free Enhancement ..... \$159 / Member \$139  
80 Minutes + 1 Free Enhancement ..... \$199 / Member \$179  
100 Minutes + 2 Free Enhancements..... \$309 / Member \$309

### HOT STONE MESSAGE / 50 & 80 minutes ... \$170+ / Member \$150

Indulge your senses and transform your mind and body with our revitalizing Hot Stone Massage, featuring soothing heated Himalayan Salt Stones. Our massage therapists use these stones to ease tension in your muscles and promote a sense of balance and calm throughout your body. The therapeutic properties of the Himalayan Salt Stones, combined with our expert massage techniques, make for a truly rejuvenating and reenergizing experience.

### THERABODY RESET MESSAGE / 55 minutes ... \$150 / Member \$130

More than just a massage - it's a comprehensive wellness experience that leverages cutting-edge technology to enhance your body's natural healing processes. This innovative treatment combines the powerful Therabody device with compression sleeves and targeted neck and shoulder massage for a full-body experience that will leave you feeling revitalized and rejuvenated.

### LIBERATE RITUAL / 50 & 80 minutes ... \$170+ / Member \$150+

Indulge in a luxurious and revitalizing experience with our Dry Brushing Treatment, designed to transform the health and appearance of your skin while providing numerous benefits for your overall well-being. Our experienced estheticians begin the treatment with gentle dry brushing, a technique that helps to remove dead skin cells and promote circulation, preparing your skin for the next step of the process.

### ORGANIC STONE CROP BODY MASQUE / 80 minutes ... \$235 / Member \$215

Whole body wellness awaits with this luxurious body treatment. Begin your journey with an Eminence Organics Stone Crop sugar scrub that refreshes and renews the skin. A restorative body mask is applied to your skin to enhance nourishment, hydration, and healing benefits. Organic stone crop, horsetail, and aloe help the skin retain moisture while softening, improving circulation, and protecting it. Relax with our Theragun enhancement for the face, finished with a neck, shoulder, and foot massage.

\*\* ORGANIC & CLINICAL SKINCARE COMING IN JUNE \*\*